Completed Clinical Research Project

SL.NO	Title of the project
1.	To study the efficacy of Pippali churna in Pratisyaya (Running nose) in children
2.	To study the efficacy of compound Ayurvedic formulation in Pravahika (Diarrhea)
3.	To study the efficacy of compound Ayurvedic formulation in chronic Skin Diseases (Twakroga)
4.	To study the efficacy of compound Ayurvedic formulation in Galaganda (Goitre)
5.	To study the efficacy of compound Ayurvedic formulation Ayush-64 in Visamjvara
6.	To study the efficacy of multiple Ayurvedic regimen in Sweta Pradar (White discharge)
7.	To Study the efficacy of Bilva majja churna in “Grahini Dosa
8.	To Study the efficacy of Hingu Triguna Taila and Yograj Guggulu in Gridhrasi Roga
9.	Multi-centric clinical trial on Dhatri Lauha on Iron deficiency Anemia
10.	Clinical evaluation of Punarnava Guggulu and Rasna Saptaka Kashaya in the Management of Rheumatoid Arthritis (Amavata)
11.	A prospective open label controlled interventional study on the effect of Ayurvedic intervention (Ayurveda Raksha Kit) as a prophylactic measure in the Pandemic of COVID-19 – A community based study
12.	Impact of Ayu Raksha Kit in Covid-19 community-based prophylactic study.
13.	A prospective community based study for the evaluation of Yograj Guggulu, Ashwagandha churna and Narayana taila in Osteoarthritis knee (Janugata Sandhivata)
14.	Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in schedule Tribe population in India- a Community based, cluster randomized controlled study

15.	Profiling of Demographic, health status and Non communicable Disease profiling among Scheduled Tribe population in East District and West District of Sikkim– A descriptive, Cross-Sectional epidemiological Study
16.	A prospective community-based study for the evaluation of Dhatri Loha in the management of Anemia (Pandu)
17.	A Prospective Community Based Study for The Evaluation of Effectiveness of Yograj Guggulu, Ashwagandha Churna and Narayana Taila in The Management of Osteoarthritis Knee (Janugat Sandhivata).
18.	"Effectiveness of Ayurveda based diet and Lifestyle advocacy on health-related Quality of life in schedule Caste population in Sikkim- a community based; cluster randomized controlled study"
19.	Demographic and Non communicable Disease profiling among Scheduled caste population in East Sikkim and South Sikkim– A descriptive, Cross-Sectional epidemiological Study.
20.	Demographic and Non communicable Disease profiling among patients seeking Ayurveda treatment from Ayurveda Health Centres in selected North East regions in India – A descriptive, Cross-Sectional Study.
21.	Effectiveness of Ayurveda based Diet &Lifestyle advocacies and Ayurvedic treatment regimen in patients seeking Ayurveda treatment from Ayurveda health centres in selected North east regions of India.
22.	"Profiling of Demographic, Health Status And Non Communicable Diseases Among Scheduled Caste Population In East Sikkim – A Descriptive, Cross Sectional Epidemiological Study"
23.	A randomized placebo controlled trial of Ayush SR in Perceived stress
24.	Cross sectional survey to determine the prevalence of Non-communicable Diseases and their risk factor among Scheduled Tribes in East district and West district of Sikkim
25.	Effect of Ayush SR on psychological status and quality of life of apparently healthy elderly population – A multicenter double blind placebo controlled study
26.	Non -Communicable Diseases and associated factors among health seekers approaching the selected Ayurveda Health centers in Northeast India
27.	Systems Biology Approach to Delineate Molecular Signatures of Prakriti in Healthy Humans

28.	Effectiveness of Ayush Rasayana A & B on Quality of Life of elderly population- A cluster randomized study
29.	Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community based study
30.	Acceptability of the Comprehensive x Ayurveda-based health care approach in the community and effectiveness of individualized health care – Cluster Randomized study
31	Assessment of acceptability of the Comprehensive Ayurveda-based health care approach in the tribal community and effectiveness of individualized health care – Cluster randomized study
32	General health screening with special focus on selected disease conditions (Tuberculosis, Anemia, Sickle Cell Disease & Malnutrition) and Ayurveda management of Anemia& Malnutrition in students of Ekalavya Model Residential Schools (EMRS) [Metacentric collaborative project.
33	Knowledge, Attitude and Practice (KAP) towards Pharmacovigilance of Ayurvedic Medicines among Registered Ayurvedic Medical Practitioners of the Respective States – a Multicenter Study.

Ongoing Medicinal Research Project

SL.NO	Title of the project
1.	Critical appraisal and validation of Local Health Traditions (LHTs), Oral Health Traditions (OHTs) and Ethno Medicinal Practices (EMPs): An inclusive study among Ethnic communities of Northeast India.
2.	Development of agro-techniques for selected Astavarga plants

Newly initiated clinical projects

SL.NO	Title of the project
1.	A Cross-Sectional Survey to Study the Distribution Pattern of Different Prakriti Types Across India – A Multicentric Study
2.	Feasibility of Integrating a Yoga Regimen into Ayurveda Treatment-as-Usual (TAU) for Selected Musculoskeletal Conditions: A Multicentric Health Systems Implementation Study in CCRAS Institutes